



# PINE TREE WEEKLY NEWS



ISSUE #26  
{4-12-24}



**Principal:**

Dr. Aimee Frechette  
183 Mill St.  
Ctr. Conway, NH 03813  
PHONE: (603) 447-2882  
FAX: (603) 447-6838



**DON'T FORGET TO RSVP!**



## IMPORTANT UPCOMING DATES

# Family Literacy Night!!!

Sponsored by Project SUCCEED & Title 1

Thursday, April 18, 2024  
5:30 – 7:00 p.m.  
Pine Tree Gym, Cafeteria, Library & Art Room

Enjoy an evening of fun literacy games and activities that your entire family will enjoy! Every family leaves with a **FREE GAME!**

Pizza & salad will be served.

Please **RSVP** by Monday, April 15, so we can plan our food accordingly.



**RSVP Here**



4/18: Family Literacy Night 5:30 p.m.-7:00 p.m. (sponsored by Project SUCCEED and Title I).

4/22-4/26: Spring Break. No school.

5/9: Spring Concerts at Pine Tree  
K-3 concert @1:30 p.m.

4-5-6 Band & Chorus Concert @ 6:00 p.m.

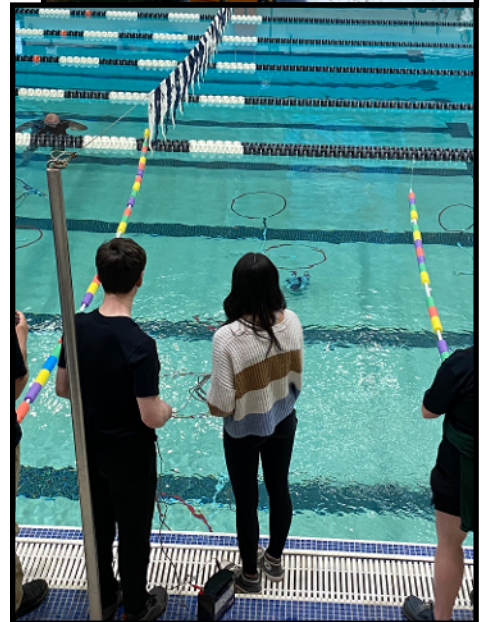
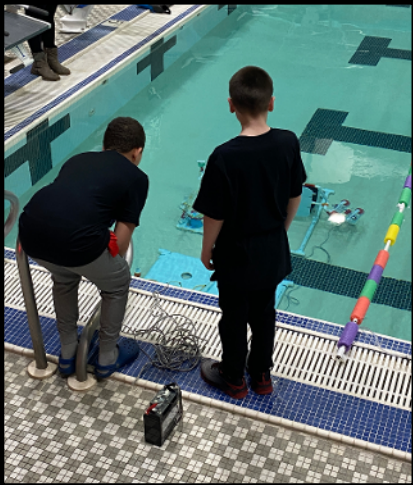
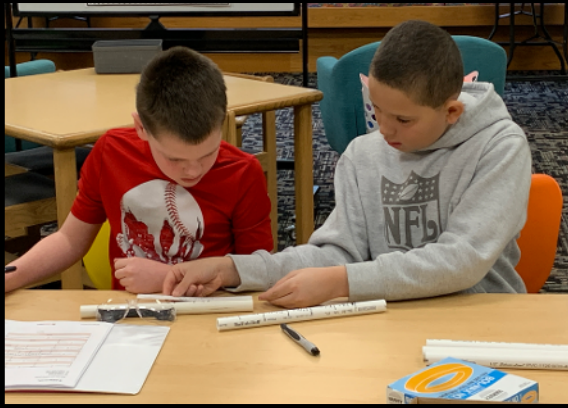
4/22-4/26: Spring Break. No school.



a Nita M. Lowey 21st Century Community Learning Centers (21st CCLC) Program



# SEA PERCH AWESOMENESS!





# SEA PERCH AWESOMENESS!



## SOLAR ECLIPSE FUN!



This painting was created by Alma Thomas. It was inspired after a total solar eclipse on March 7, 1970.

On April 8, 2024 Pine Tree Students and Staff recreated our version of the painting using construction paper and togetherness.

The Solar Eclipse was an amazing experience to behold! We had an awesome day, filled with learning activities and memory making.







**BIG SHOUT OUT TO MR. SAWTELL FOR MAKING THIS VERY SPECIAL COMMEMORATIVE FRAME!**









# Pine Tree Breakfast and Lunch Menus for April

**A few helpful tips as we all get used to the new meal app.**

**If you are having trouble getting into the new meal app, you can also try accessing it through the SAU 9 homepage. From there, click on the parents tab at the top. Then, click on "Food Service" in the left hand column. Next, click on "School Lunch Menu" (with the knife and fork icon). That will bring you to the new menu link where you'll need to enter "location". In the location search bar, type in Pine Tree Elementary and hit enter. Conway Pine Tree Elementary School, NH will pop up, click on that and the site will bring you to the menu options.**



## Conway Pine Tree Elementary School Breakfast, April 2024

Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05
Homemade Blueberry Muffins 🍌 Cinnamon Toast Crunch Cereal 🍌 Hard-Boiled Egg Cup 🍌 Egg and Cheese Sandwich 🍌	Whole Grain French Toast Slices 🍌 Yogurt Breakfast Pack 🍌 Reduced Sugar Frosted Flakes 🍌 Hard Cooked Egg 🍌	WG White Bagel 🍌 Cream Cheese 🍌 Fruity Parfait 🍌 Cinnamon Toast Crunch Cereal 🍌 Hard Cooked Egg 🍌	Red. Sugar Froot Loops Cereal 🍌 Egg and Cheese Sandwich 🍌 Homemade Chocolate Chip Muffins 🍌 Hard Cooked Egg 🍌	Cinnamon Toast Crunch Cereal 🍌 Chocolate Banana Oatmeal 🍌 Fruity Pineapple & Granola Parfait 🍌 Hard Cooked Egg 🍌
Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12
Red. Sugar Froot Loops Cereal 🍌 Fluffy Whole Grain Pancakes 🍌 Egg and Cheese Sandwich 🍌 Hard Cooked Egg 🍌	Reduced Sugar Frosted Flakes 🍌 WG White Bagel 🍌 Yogurt Breakfast Pack 🍌 Hard Cooked Egg 🍌 Cream Cheese 🍌	Cinnamon Toast Crunch Cereal 🍌 Bacon, Egg and Cheese Breakfast Sandwich 🍌 Homemade Strawberry Muffin 🍌 Hard Cooked Egg 🍌	Reduced Sugar Frosted Flakes 🍌 Egg and Cheese Sandwich 🍌 Fruity Pineapple & Granola Parfait 🍌 Hard Cooked Egg 🍌	Red. Sugar Froot Loops Cereal 🍌 Fluffy Whole Grain Waffles 🍌 Bacon, Egg and Cheese Wrap 🍌 Hard Cooked Egg 🍌
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Cinnamon Toast Crunch Cereal 🍌 Cinnamon Bun 🍌 Egg and Cheese Sandwich 🍌 Hard Cooked Egg 🍌	Red. Sugar Froot Loops Cereal 🍌 Sausage, Egg and Cheese Sandwich 🍌 Fruity Parfait 🍌 Hard Cooked Egg 🍌	Cinnamon Toast Crunch Cereal 🍌 WG White Bagel 🍌 Strawberry Smoothie 🍌 Hard Cooked Egg 🍌	Red. Sugar Froot Loops Cereal 🍌 Homemade Blueberry Peaches Parfait 🍌 Egg and Cheese Sandwich 🍌 Hard Cooked Egg 🍌	Reduced Sugar Frosted Flakes 🍌 Homemade Apple Cinnamon Oatmeal 🍌 Sausage and Eggs Ranchero 🍌 Hard Cooked Egg 🍌
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Closed	Closed	Closed	Closed	Closed
Monday 29	Tuesday 30	Wednesday 31	Thursday	Friday
Red. Sugar Froot Loops Cereal 🍌 WG Donut 🍌 WG White Bagel 🍌 Hard Cooked Egg 🍌 Cream Cheese 🍌	Cinnamon Toast Crunch Cereal 🍌 Very Berry Smoothie 🍌 Homemade Muffins 🍌 Hard Cooked Egg 🍌	No Menu Available	No Menu Available	No Menu Available

\* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.



## Conway Pine Tree Elementary School Lunch, April 2024

Monday 01	Tuesday 02	Wednesday 03	Thursday 04	Friday 05
Chicken Nuggets 🍌 Vegetarian Hummus Wrap 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Carrot Sticks 🍌	Incredibawls Chicken & Vegetable Rice 🍌 Fruity Parfait 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Broccoli Florets 🍌	Homemade Pasta & Meatballs 🍌 Simply Boxed Meat and Cheese Protein Pack 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Caesar Salad 🍌	Mission Burrito 🍌 Turkey & Cheese Sandwich 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Refried Beans 🍌	Cheese Pizza 🍌 Pepperoni Pizza 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Cucumber Coins 🍌
Monday 08	Tuesday 09	Wednesday 10	Thursday 11	Friday 12
Cinnamon French Toast 🍌 Sausage Patty 🍌 Garden Salad with Cheese Entree 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Roasted Potatoes 🍌	Turkey Hot Dog on Bun 🍌 Fruity Parfait 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Golden Baked Potato Wedges 🍌	Homemade Mac & Cheese 🍌 Turkey & Cheese Sandwich 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Garden Salad 🍌	Nachos Grande 🍌 Simply Boxed Pepperoni and Cheese Protein Pack 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Spanish Style Rice 🍌	Cheese Pizza 🍌 Pepperoni Pizza 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Steamed Broccoli 🍌
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Homemade Chicken Parmesan Calzone 🍌 Simply Boxed Hummus Energy Pack 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Roasted Mixed Veggies 🍌	Cheeseburger 🍌 Turkey and Cheese Wrap 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Golden Baked Potato Wedges 🍌	Grilled Cheese Sandwich 🍌 Simply Boxed Pepperoni Pizza Pack 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Tomato Soup 🍌 Golden Baked Potato Wedges 🍌	Homemade Meatball Hero Sandwich 🍌 Fruity Parfait 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Carrot Dippers 🍌	Cheese Pizza 🍌 Pepperoni Pizza 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Cucumber Coins 🍌
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
Closed	Closed	Closed	Closed	Closed
Monday 29	Tuesday 30	Wednesday 31	Thursday	Friday
Breaded Fish Sticks 🍌 Fresh Garden Salad with Sliced Egg 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Dinner Rolls 🍌 Carrot Sticks 🍌	Hot Open Turkey Sandwich with Gravy 🍌 Fruity Peach & Granola Parfait 🍌 Not-A-Nut Butter & Jelly Sandwich 🍌 Sweet Potato Fries 🍌	No Menu Available	No Menu Available	No Menu Available

\* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.

Starting April 1st  
**FD MEALPLANNER**

We are pleased to inform you that on April 1, 2024 Fresh Picks Cafe will be launching a brand new, state-of-the-art, mobile platform that brings menu planning, nutrition information, meal ingredients and real time allergen information to the fingertips of students, parents and school district staff. This new menu viewing interface, **FD MEALPLANNER**, replaces the Fresh Picks Cafe district webpages, bringing you all new streamlined mobile viewing capabilities.

FD MEALPLANNER WILL BE AVAILABLE IN YOUR DISTRICT ON APRIL 1ST!

FD MEALPLANNER provides easy access to school menu information anytime, from any mobile device or PC. Our menus are interactive, allowing you to build your own meals in order to view custom nutritional and allergen information. This feature is especially important for parents of children with food allergies and school nurses who need quick and easy access.

IN ORDER TO VIEW SPECIFIC ALLERGEN, NUTRITIONAL AND INGREDIENT INFORMATION FOR OUR CURRENT MONTHLY MENU OFFERINGS, PLEASE VISIT [WWW.FDMEALPLANNER.COM](http://WWW.FDMEALPLANNER.COM) OR SCAN THE QR CODE.

This user friendly menu viewing tool also allows you to build your own profile, or a profile for your entire family of students, and then save your account preferences-making future FD MEALPLANNER visits a breeze.

Simply visit: [WWW.FDMEALPLANNER.COM](http://WWW.FDMEALPLANNER.COM) to get started, or download the **FD MEALPLANNER** app to your mobile device free of charge by visiting the App Store (for iOS devices) or Google Play (for Android devices).

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
[WWW.WHITSONS.COM](http://WWW.WHITSONS.COM)



# COMMUNITY BABY SHOWER!!!

**ALL EXPECTANT PARENTS AND THEIR FAMILIES IN  
CARROLL COUNTY ARE INVITED TO THIS FREE EVENT!**

Friday, April 19th from 4pm-6pm  
Trails End in Intervale



Food and Refreshments  
Cake

Shopping at our "Boutique"  
Family Photos

Meet local non-profits and pediatric providers

For more ways to participate and support this event please contact Cathy Livingston at 603-901-9053 or email at [clivingstone@childrenunlimitedinc.org](mailto:clivingstone@childrenunlimitedinc.org) or Cheryl Frankowski at 603-447-8900 or email at [cfrankowski@whitemountainhealth.org](mailto:cfrankowski@whitemountainhealth.org)





April 3, 2024

The Spring outdoor schedule is released and listed below with locations, dates, and times. We are thrilled and look forward to seeing back on the courts!

**Monday: 3:30pm-5:00pm [Jackson Tennis Club, Jackson, NH](#)**

**May 6th-June 10th (May 27th No program Memorial Day)**

**Tuesdays: 3:30pm-5:00pm [Davis Park, Conway](#)**

**April 30th-May 28th**

**Tuesdays: 5:00pm-6:30pm [Davis Park Conway Middle School Match Play](#)**

**April 30th-May 28th**

**Wednesdays: 3:30pm-5:00pm [Brett School Tamworth](#)**

**May 1st-May 29th**

**Thursdays: 3:30pm-5:00pm [Conway Elementary School \(Project Succeed ONLY\)](#)**

**May 2nd-May 30th**

**Fridays: 4:00pm-5:30pm [Purity Spring Resort E. Madison](#)**

**May 3rd-May 31st**

We are also happy to announce that Chris Chaffee will be taking the helm as Mt. Washington Valley Area Director for Advantage Kids (AK). You all know Chris as our USTA Tennis Professional, with AK since its introduction to the Valley back at the Cranmore Tennis Center. Chris has an impressive resume beyond AK which consists of coaching at the Fryeburg Academy, Jackson Tennis Club, Cranmore Tennis Center, and New England Tennis Holidays. Chris' passion and love for tennis helps grow the sport.

Past Area Director Kent Hemingway will continue as a member of the AK Board of Directors, involved with instruction in the Valley as well as growth of AK statewide with an emphasis on developing programs in other NH communities.

Over the past five years, Advantage Kids has worked with over 150 children in the Valley. AK focuses on developing sportsmanship, wellness and personal development through tennis instruction. Our team has expanded to include the best tennis leaders in the area and will continue to grow.



**DON'T FORGET TO  
PURCHASE THE  
PINE TREE SCHOOL  
YEARBOOK!  
BEFORE THE DEADLINE!**

To purchase your yearbook go to:

[Treering.com](https://www.treering.com)



Regular Price:

**\$13.49**

To Purchase Your Yearbook,  
Use The QR Code Below, or:  
Must be a parent or student 13 years or older.

- 1 Go to: [www.treering.com/validate](https://www.treering.com/validate)
- 2 Enter your school's passcode:  
1014152916011423



**DUE DATE FOR  
YEARBOOK  
ORDERS:  
MAY 10th!**

**treering**





**wmsi**  
WHITE MOUNTAIN SCIENCE

**INVENTOR'S CAMP**

APRIL BREAK

APR 22ND-26TH  
9AM - 2PM DAILY  
GRADES 3-6

Explore the inventor's toolbox and more exciting STEM concepts, including: robotics, circuitry, game design, storytelling, and more!

FREE FOR CONWAY SCHOOL DISTRICT STUDENTS!

AT PINE TREE ELEMENTARY SCHOOL  
183 MILL ST, CTR. CONWAY, NH

REGISTER AT:  
[WWW.WHITEMOUNTAINSCIENCE.ORG/CONWAY-INVENTORS-CAMP](http://WWW.WHITEMOUNTAINSCIENCE.ORG/CONWAY-INVENTORS-CAMP)




**Attention students currently in grades 6 and up! School to Career Summer Camp Registration is LIVE!**

We have a record 11 camps this year. Check them out and make sure you register early.

The camps, once again, are FREE! Thanks to our sponsors, grants and generous donors we are also providing lunch and healthy snacks every day. Sessions held at KHS.

Summer Camp Link For Details & Registration:  
[Summer Camp 2024](#)



**SPRING Sports**

**4-6 Girls Softball**  
STARTING APRIL 9TH \$22  
REGISTRATION DEADLINE APRIL 5TH

**2-3 Rookie Softball**  
STARTING APRIL 8TH \$22  
REGISTRATION DEADLINE APRIL 5TH

**K-1 T-Ball**  
MAY 4TH - JUNE 8TH \$22

**3-6 Track + Field**  
MAY 7TH - JUNE 11TH \$22

**SIGN UP ONLINE AT CONWAYREC.COM OR CALL THE OFFICE AT 603-901-1139**

Conway Parks and Recreation



**KIDS Summer CAMP**

CONWAY REC  
WELCOME HOME

WEDNESDAY, JUNE 19TH TO FRIDAY, AUGUST 9TH  
\*DEPENDENT ON LAST DAY OF SCHOOL\*

Early Bird Special (until May 5th)  
Summer Program: \$319  
Early Drop Off/Late Pick Up: \$75

May 6th and After  
Summer Program: \$379  
Early Drop Off/Late Pick Up: \$90

Register online at [conwayrec.com](http://conwayrec.com)

For more information, contact us: 603-901-1139 | Conway Parks & Rec Department





Children Unlimited Family Resource Center  
102 W Main St, Concord, NH 03305  
603-901-3052

**April 19th  
Community Baby Shower!**

All expecting parents and their families in Carroll County, are invited to this free event. There will be food and refreshments, cake, shopping at our "boutique", family photos, and connections with each other along with local non-profits and pediatric providers. Save the Date!

April 19th from 4pm-6pm located at The Trails End Ice cream in Concord  
3631 White Mountain Hwy, Interscye, NH 03315

**Play Groups**

A great opportunity for you and your children to make new friends and connections! Every week there will be different crafts and activities. This group is for all children ages 5 and under and their caregivers.

~No playgroup 4/22, 4/23, 4/24~



**Monday's** at North Conway Community Center 10am-11am

**Tuesday's** at the Ossipee Public Library 11:30am-12:30pm

**Tuesday's** at the Wolfeboro Public Library 1:30pm-2:30pm

\*Playgroup will be at The Kids @ Testing Track Rd, Wolfeboro, NH 03391, **Just Kids!**

**Wednesday's** at the First Congregational Church Center Ossipee Klam-Ham  
\*enter behind the back of the church at the family center and enter through the back doors.



Follow [Children Unlimited Inc. on Facebook](https://www.facebook.com/childrenunlimitedinc) for weekly updates and cancellations  
\*No Registration Required\*

**Parenting Class**

**Positive Solutions- New module Starts May 7, 2024**

A free, 7 week caregiver Workshop to offer tips through effective evidence-based strategies to help with communication. Topics such as why children do what they do, the power of routines, and making connections will all be covered throughout the sessions.

**Tuesday's** 9:30-10:30 am or 6-7pm

Contact Ariel by email, [acallanan@childrenunlimitedinc.org](mailto:acallanan@childrenunlimitedinc.org) or call 603-901-3052 to register



The Family Connections Resource Center is holding



A free, 7 week caregiver Workshop to offer tips through effective evidence-based strategies to help with communication

- Session 1: Making a Connection — bonding, relating, making it happen, play, development
- Session 2: Making it Happen – developing friendship skills in children
- Session 3: Behavior Has Meaning - Why do children do what they do?
- Session 4: The Power of Routines
- Session 5: Teach Me What to Do – social emotional development in children
- Session 6: Responding With a Purpose
- Session 7: Putting it all together - review and plan

Offered at no charge online through Google Meet

Tuesdays May 7, 2024 -June 18, 2024

9:30am-10:30am OR 6pm-7pm

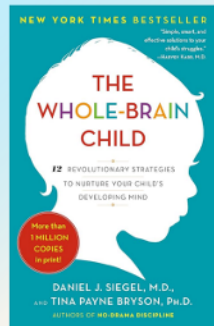
To register call 603-901-3052

Or email Ariel at

[acallanan@childrenunlimitedinc.org](mailto:acallanan@childrenunlimitedinc.org)

Please specify time you would like to join

**Parenting Book Group**



The authors of this book, *The Whole-Brain Child*, offer a revolutionary approach to children with twelve key strategies that foster healthy brain development, leading to calmer, happier children. By applying these discoveries to everyday parenting, you can turn any outburst, argument, or fear into a chance to integrate your child's brain and foster vital growth. This group's aim is to create a positive safe place to learn and grow as parents alongside other caregivers, with meaningful discussions.

Recommended for ages birth to 12 years old

\*Books provided and must be returned\*

**Friday's** from 2pm-3pm  
Starting May 3rd- May 31st

Located at the Ossipee Public Library  
74 Main Street, Center Ossipee, NH  
03814

- Session 1: Introduction
- Session 2: Chapter 1 and 2
- Session 3: Chapter 3 and 4
- Session 4: Chapter 5 and Conclusion

Must register ahead!  
Email [ehuntschildrenunlimitedinc.org](mailto:ehuntschildrenunlimitedinc.org) or  
call 603-901-3052 to register



**Diaper Depot**



- The Diaper Depot is here to provide diapers to babies in need.
- Families can go to any of the listed locations to pick up diapers.
- Just tell us the town you live in and the size of your family so we can better serve you.

\*In memory of Jo-ann Ames

Find a Diaper Depot near you to pick up diapers for your child

**Diaper Depot Locations:**



**White Mountain Community Health**  
298 White Mountain Hwy, Conway, NH 03818  
(603)447-8900



**WIC and Head Start located at Tri County CAP Building**  
448 White Mountain Hwy, Chocorua, NH 03817  
**Head Start:** Tamworth (603)323-9302 or Conway (603)447-5161  
**WIC:** (603)332-4358



**Ossipee Concerned Citizens**  
3 Dore Street Center Ossipee, NH 03814  
(603)539-3064

To donate diapers contact Family Connections Resource Center at Children Unlimited 603-447-6356





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The Conway Public Library  
PRESENTS

In the Spirit of  
Earth Day:



# CLEAN THE PARK

Looking to the community to come & help  
clean up the park - to get it ready for the  
upcoming season, Spring!

Any help is very much appreciated.  
Please don't forget your work gloves.

*Saturday April 20th*

Conway Public Library's Park  
10:00 am to 12:00 pm  
Ask for Glynis

THE CONWAY PUBLIC LIBRARY PRESENTS

## MAKER MADNESS

Last Wednesday of each month  
FROM 4:00 TO 5:00

All children ages 5 and up with their caregivers are invited to make, create, and celebrate ideas with their peers on the first Wednesday of each month. All materials are provided free and designs can be brought home at the end of the day!

*Pen to Paper*

Tuesday, April 9th

FOR TEENS

4:00 pm to 5:30pm  
in the Periodical Room

*Limited Space available, if interested please sign up.*

This is a fun exercise that uses the mind while sharing in an open environment.

This core writing group can help you to develop skills for writing novels, fanfic, creating unique plots for D&D Gameplay, and much more.